



**MINUTES OF THE
WASHOE COUNTY SENIOR SERVICES
ADVISORY BOARD MEETING**

August 14th, 2017

Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

- 1. Call To Order** - Meeting was called to order at 3:01 p.m. by Chair-Dr. Larry Weiss.
- 2. Roll Call** – Dr. Larry Weiss asked for the roll call; Crissy Lessard took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD PRESENT:

PRESENT

Dr. Larry Weiss
Wayne Alexander
Garth Elliot

Donna Clontz, Alternate
Stan Dowdy, Alternate
Sandra Dexter

ABSENT (EXCUSED*)

WASHOE COUNTY STAFF PRESENT

Ken Retterath
Sandra Vasquez
Crissy Lessard

Leslie Admirand (DA)
Abby Badolato

ADVISOR (ABSENT)

Victoria Edmondson

3. *Public Comment –

Garth stated there will be an eclipse next week and suggested for people to prepare.

Marsy stated August 15 the Sparks Senior Center will have guest speaker talking about the Sparks Senior Phone Patrol Program.

4. *Member Announcements – No member announcements.

5. Approval of the Agenda for the Advisory Board Meeting on August 14, 2017.

Motion to approve the Agenda was made by Donna Clontz and seconded by Wayne Alexander.
Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on June 7, 2017.

Motion to approve the minutes was made by Donna Clontz and seconded by Garth Elliot.
Motion passed unanimously.

7. *Update on Sparks Senior Citizen Advisory Committee – Donald Abbott

No update, Donald not in attendance.

8. Report, discussion, and possible recommendations regarding appointments to the Board of County Commissioners and recommendations regarding the recruiting of new board members (For Possible Action)

Ken provided the applications of people that applied to the board. Recommendations can be made to the County Manager. Wayne Alexander stated he submitted an application; Ken will double check if he received his application. Garth stated he has someone that wants to apply for District 5, his name is Daniel Craig.

Motion was made by Donna Clontz to accept applications from Barbara Korosa, Donna Clontz, Larry Weiss, Marsy Kupfersmith, Rick Sorensen, Sarah Deardorff, and Stan. It was seconded by Stan Dowdy. Motion passed unanimously. Amendment to the motion to re-open the applications on the website to be able to fill the remaining vacancies was made by Donna Clontz and seconded by Stan Dowdy. Motion passed unanimously.

Donna stated she would like to be an At-Large. Stan stated she does not want to be an alternate; she would like to be a voting member.

District 1 applicants: Stan Dowdy, Larry Weiss, Barbara Korosa, and Donna Clontz.

Recommendation for Stan and Larry to be board members, for Donna to be an At-Large and Barbara to be Alternate.

District 2 applicants: None

District 3 applicants: None

District 4 applicants: Marsy Kupfersmith, Rick Sorensen, and Wayne Alexander.

Recommendation for Marsy and Wayne as board members and Rick as alternate.

District 5 applicants: Recommendation for Sarah Deardorff to be board member.

Ken stated he will work on getting a board item for the applicants at the County Commissioners and also see if he may be able to write a memo to the County Manager and make the recommendations for new board members.

9. Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and city (For Possible Action)

Donna handed out (2) handouts (see attachment) about AARP Age Friendly Communities. At the July joint meeting both city and county boards were presented with information about age friendly communities. In the information there were 8 domains to help seniors age in place. The 8 domains were: outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, community support and health services. This goes in hand with helping each board member with areas they are focusing on. The first step to becoming an age friendly community is that the community needs to agree that this is something they want to do. The formal first step is to obtain the political commitment of the community's elected officials, which includes a written letter of commitment. Henderson and Winnemucca are working on the program and if Washoe County starts to do it, they will be the 3rd location in Nevada. The planning phase is between 1-2 years and the implementation and evaluation is between 3-5 years.

Motion was made to recommend to County Commissioners for Washoe County to become a member of the Age Friendly Communities Program by Donna Clontz and seconded by Stan Dowdy. Motion passed unanimously.

Garth asked if the City of Reno committee should be advised first in regards to taking the recommended plan forward, Donna stated she will take it to their next meeting and ask if they would like to participate. Ken asked Donna what the expectation is so they can plan accordingly since creating commissions is part of the process. Donna stated she expects the plan will be driven by the local government and it will help people and senior focus on what can be done for seniors.

10. *Update on WCSSAB ordinance changes

Ken stated the final reading happened August 8th and they are now Washoe County Human Services Agency and Senior Services is a division within that agency.

Marsy Kupfersmith from the public asked what the board is going to be called, and Ken stated he believes it may be called Washoe County Human Services Agency Senior Advisory Board.

11. Update, discussion, and possible approval for assignments for each board member to focus on for the coming year – Larry Weiss (For Possible Action)

Donna handed out the Senior Services Members Shared Issues/Goals Worksheet (see attachment). Sandra Dexter would like to be added to Senior Housing and Volunteerism. Garth asked what the advocacy section entails and Donna stated it is a broad item and it is important to advocate on issues that are important to seniors. Donna asked if the board sees themselves working as a group or work individually. It was stated by Ken, Donna, and Leslie that each member should work on each area individually and then bring back any information to the board. If a board member has information to give to the board, then they can ask for an agenda item and present their information or make their statement under member comments.

12. Update, discussion, and possible direction to staff from the board on the Senior Nutrition Program (For Possible Action)

Ken stated that looking at the last 5 year, they went from about 223,000 meals to 369,000 meals. It was a 39% steady increase over the last 5 years and 21% increase in clients and 854 more seniors were served. They would like to serve more, but they are limited due to funding and kitchen space. Abby stated the Senior Ambassador Program during last month delivered over 2,000 meals and is believed to get to 3,000 very soon. Ken stated they want to continue with the Senior Ambassador Program and they are going to the Meals On Wheels Conference and are hoping to bring back creative ideas to increase the Senior Nutrition Program. Ken stated he is very impressed with the Senior Ambassador Program being run by Todd. Ken stated currently they have 3,931 unduplicated clients that receive meals in both congregate and home delivered meals. Donna asked if Ken can provide a snapshot of how many meals are being served at each congregate site and home delivered meals, including the Senior Ambassador Program. Ken stated he will provide the snapshot on a monthly basis to the board.

13. Update, discussion, and possible recommendations for senior center being planned for Incline Village (For Possible Action)

Ken stated they had a meeting on August 11th and they are moving forward. There needs to be about \$150,000 of capital improvement to make the building ADA accessible and have the building ready for seniors. They are also planning of having some events which include immunizations clinic, animal services for senior with pets, and a picnic. Larry asked about the senior population in the area and Ken stated that they are trying to get know the senior population that is in Incline Village, but it is difficult since many don't live there year round.

14. *Agenda items for the next Board meeting

Garth recommended getting E.D.A.W.N. to speak about what they can do to help senior housing. Donna recommended having Truckee Meadows Regional Planning Agency present the demographics of housing, focusing on seniors.

15. *Public comment -

Larry stated they have 2 AmeriCorps programs, the Senior Health Advocate and Senior Healthy Walking Program; they are looking for volunteers and participants for both. Larry also stated on September 8th 4-8pm at 515 Court Street they are having a benefit for the Center of Healthy Aging and cost for tickets is \$50.

16. Adjournment (For Possible Action)

Motion to adjourn was made by Donna Clontz and seconded by Garth Elliot. Vote was unanimous. Meeting adjourned at 4:26 pm.